

CURRICULUM VITAE

RICHARD A. HONAKER, M.D., F.A.A.F.P.

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- Premedical Education:** University of Virginia
Charlottesville, Virginia
Degree: Bachelor of Arts with High Distinction, June 1973
- Medical School:** University of Virginia School of Medicine
Charlottesville, Virginia
Degree: M.D., May 1977
- Internship:** Internal Medicine, Mt. Carmel Medical Center, Columbus, Ohio
July 1, 1978 – June 30, 1979
- Residency:** Family Practice, Parkland Memorial Hospital / St. Paul Medical Center, University of Texas Health Science Center / Children's Medical Center, Dallas, Texas
July 1, 1982 – June 30, 1984
- Employment:** Staff Physician – First Med, Charlottesville, Virginia,
September 10, 2015 – November 7, 2015
- Senior Physician / President / CEO – Family Medicine Associates of Texas, a private practice of 10 providers (Physicians and Mid-levels) of Family Medicine in Carrollton, Texas (a northern suburb of Dallas),
September 1, 1987 – January 1, 2015
- Staff Physician – First Texas Medical Group, Carrollton, Texas,
July 1, 1984 – August 31, 1987
- Staff Physician – City of Austin Health Department Outpatient Clinic; Minor Emergency Center, Austin, Texas,
July 1, 1979 – June 30, 1982
- Staff Physician – University of Texas Student Health Center and City of Austin Health Department Outpatient Clinic,
Austin, Texas,
July 1, 1977 – June 20, 1978
- Memberships:** Jefferson Physician Group – Co-Founder,
(Primary Care Physician IPA and Medical Group in Dallas, Texas)
American Academy of Family Physicians
Virginia Academy of Family Physicians
Albemarle County Medical Society

Awards:

- Phi Beta Kappa – University of Virginia – 1973
- Phi Sigma Award at the University of Virginia – Meritorious Undergraduate Achievement in Biological Sciences – 1973
- Graduated with High Distinction – University of Virginia – 1973
- Intermediate Honors for Academic Achievement – University of Virginia – 1970
- Best Doctors – 2001–2002. The book, "Best Doctors," is widely regarded as the preeminent listing of its kind.
- Dallas Morning News – June 2008 – Readers' Choice – Best Family Doctor in Carrollton, Farmers Branch and Addison, by online patient voting
- Physician Recognition Award – American Medical Association (AMA) – MULTIPLE YEARS
- Patients' Choice Award – American Registry – 2010
- Patients' Choice Award – American Registry – 2011
- Patients' Choice Award – American Registry – 2013
- D Magazine – Best Doctors in Dallas – MULTIPLE YEARS. Voted by physicians
- Texas Monthly – Texas Super Doctors – Less than 5% of Texas physicians are given this honor. Selected MULTIPLE YEARS, including 2005, 2006, 2007, and 2008
- Selected as one of America's Top Family Doctors, "Guide to America's Top Family Doctors" by Consumers' Research Council of America

Certification:

- Board Certified by the American Board of Family Medicine
- Diplomate of American Board of Family Medicine
- Consistently scoring at 95th Percentile nationwide on American Board of Family Physicians Certification Test

Miscellaneous Activities:

- Medical Advisor – featured MD – Hot on Health & Beauty – Channel 8 WFAA-TV, from 2009 – 2011
- Medical Advisor and "Medical Minute" physician, "Best Doctors of DFW," Best Docs Network, KDAF-TV Channel 33, taken nationally and to other cities and states, from 2011 – present
- Physician Advisor and Medical Minute Physician for "Hot on Health and Beauty" television program, Channel 8 WFAA-TV, Dallas, Texas
- Featured many times on three news channels from 1995 – 2014 in Dallas, Texas regarding medical issues (e.g. influenza information, meningitis epidemics, and miscellaneous medical issues affecting the community)
- Medical columnist – Killshot Racquetball magazine
- Resolution of Commendation, City of Carrollton, for Chairing the Committee on Self-Responsibility and Sexuality Materials Review

Community talks on depression, cholesterol, sports injuries, and other various medical subjects

Daily one-minute health tips on KLIF Radio

Frequent speaker to physicians and nurses on various medical topics and treatments

The Laura Lewis Show – KLIF Call-in Radio Show

The Larry North Show – KLIF Call-in Radio Show

Medical Columnist for National Racquetball magazine

Medical Columnist, Carrollton Leader (local newspaper)

Medical Columnist, Carrollton Chronicle (local newspaper)

Previous Community
and Hospital
Involvement:

Co-founder, Jefferson Physician Group – a prominent Primary Care IPA in Dallas, Texas

Physician Advisor, Trinity Christian Academy, Dallas, Texas, 1990 – 2015

Physician Advisor, Prestonwood Christian Academy, Plano, Texas, 2006 – 2015

Chairman, Department of Family Practice, Trinity Medical Center, Carrollton, Texas

Vice President of Medical Staff, Trinity Medical Center, Carrollton, Texas

Hospital Executive Committee, Trinity Medical Center, Carrollton, Texas

Advisory Board of Directors, Kimberly Quality Care Home Health Care Group

Board of Directors, Trinity Medical Center
Carrollton, Texas

Special Interests:

Hypertension

Diabetes

Cholesterol Evaluation
& Treatment

Preventive Medicine

Wellness

Sports Injuries

Asthma

Primary Care Practice Enhancement –
Eight Business and Clinical
Programs for Excellence